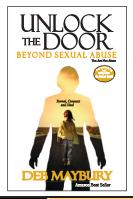
## Breaking the Final Taboo: Honest Talk about Sexual Abuse

Timely Tie-ins: Holidays-family days, National Sexual Assault Awareness and Prevention month (April) and Heal the Children Month (May).

Before the age of eleven, Deb Maybury had been sexually violated by four different people. Her mission is to break the taboo and stigma that surround sexual abuse and encourage healthy dialogues focused on healing. She is a Harmony Integration coach, facilitator for individuals and groups recovering from sexual abuse and a best selling author: "Unlock The Door Beyond Sexual Abuse," and "Ready Aim, Inspire," as well as, "What Is Your Teenage Daughter Afraid Of?"



Deb has been interviewed on Conscious Living, Rock Your Life, Stop Child Abuse Now, Experience Strength Hope, Personal Transformation radio programs and on The Way of The Shaolin & MMA Hot Seat TV. Her own interview program and music can be found on her YouTube channel.



## **STORY IDEAS:**

7 Steps to begin the healing journey for those who have been sexually traumatized in childhood.

Why is sexual abuse still a taboo topic?

Could you, should you, forgive the person who sexually violated you as a child?

The talk most parents don't have with their children that have wide repercussions.

What are the signs a child is being sexually violated?

Eating disorders, addictions, broken relationships and other things that could indicate that someone was sexually violated as a child.

How can we put an end to clueless adults that either don't see childhood abuse under their nose or ignore it?

How do you go home for the holidays when the person who sexully violated you is still there?

Adulthood struggles after childhood sexual abuse.

## Deb Maybury

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Interviews and music located on YouTube channel: Deb Maybury